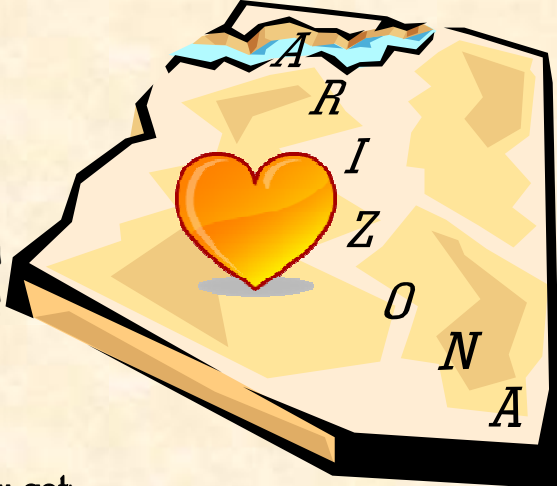


The **Heart** of Arizona

Saturday, November 7, 2009

Start times: 7:30 brevet, 8:00 century



The **HEART** is back again! Please join the BullShifters as we host this incredible event for the 3rd year.

Ride Options:

104 mile century – the old route that you so enjoy

125 mile (200 km) RUSA sanctioned Brevet

Cost:

\$40 Bull Shifter, ABC, GABA, RUSA members

\$45 for non-members

\$10 late fee if signing up after October 18th

You get:

- o Beautiful route
- o 4 sags on route
- o Roving support
- o Great schwaq (for pre registered riders)
- o Hot dogs & hamburgers at the finish
- o Cheerful and helpful volunteers
- o Memories to last a lifetime

Ride Description:

Both distances will start and end in Congress and head out on the same route. Early on, you'll get to stretch your legs as you mostly descend to the Santa Maria River along the picturesque Joshua Tree Forest Parkway. There, you'll find the first sag. You'll want to tank up here cuz the fun, er, climbing is about to begin!

For the next 16 miles you'll roll and climb through some of Arizona's finest to your second sag. From there, the 200k riders will head left UP the hill to Bagdad and back. Meanwhile, the century riders will start the 6 mile descent (woo hoo!) back to the Santa Maria River. Enjoy it while it lasts since the 10 mile climb to Hillside awaits on the other side of the river! Never fear though, the Bull Shifters will be waiting for you at the top for your 3rd sag of the day.

From here you'll roll past numerous ranches to your 4th sag near Kirkland Junction. At the junction, 200k riders will hang a left for an out-and-back to the sleepy town of Wilhoit, just at the base of White Spar Mountain. Century riders will go right and head for Yarnell. There's a pretty big climb to get to Yarnell, but your reward is the thrilling 7 mile descent of Yarnell Hill! This is what you've worked for all day long. After the e-ticket descent, you'll have a couple miles of soft peddling and story telling with your riding buds as you cruise on in to the finish.

At the finish, the Bull Shifters will be cooking up some grub so you can feed your tired bodies while reminiscing about your day's events. Sit back, relax, and have a burger or hot dog and Coke on us. You've earned it by riding either 104 miles with 6000' of climbing or 125 miles with 7100' of climbing!

Questions?

Contact: Jim Pettett

jimandrobinpettett@msn.com

www.bullshifters.org



Directions:

US-60 to Wickenburg, SR-89/93 N (6 mi.) to SR-89 N (10 mi.) to Congress.

Left on SR-71 (0.3 mi.) to Start

MapQuest map: <http://tinyurl.com/58arz2>